**Post #1**

Take control of your health – know when #telehealth is right for you. Find information and telehealth tips you can trust at Telehealth.HHS.gov.

**[Recommendation: Use in conjunction with HRSA-Telehealth-Patient-LotsToJuggle]**

**Post #2**

Have you put off your health care? Learn about #telehealth options and put self-care on your agenda.

**[Recommendation: Use in conjunction with HRSA-Telehealth-Patient-PostponingYourAppointments]**

**Post #3**

Stay on top of your health and stay in touch with your provider – take control of your care with #telehealth.

**[Recommendation: Use in conjunction with HRSA-Telehealth-Patient-ChooseYourCareWithConfidence]**

**Post #4**

Do you need to reconnect with your doctor? Get tips for using #telehealth to follow-up and take control of your health care.

**[Recommendation: Use in conjunction with HRSA-Telehealth-Patient- HRSA-Telehealth-Patient-PowerUp1-Animation]**